

Cats are solitary creatures. In the wild, they do not eat together – they hunt solo. In your house, your cats would probably prefer to be fed separately as well. Whether you feed dry food or canned food (or better yet, a combination!), make sure that you are measuring your cats food to an appropriate amount to ensure that they are not over-eating out of boredom.

It is best to feed your cats out of separate bowls and to place the bowls a good distance away from each other. Some people choose to have several small dishes of food (with just a few kibbles of food in each dish) spread out in various locations throughout the house to make meal times more interactive and simulate “hunting.”

Toys and food puzzles are a key part of enriching your cat’s environment and creating a happy, healthy living space for your cat. Food toys and puzzles can be either purchased or made at home – it doesn’t have to be fancy for your feline friend to love it!